

# Sight life

Local sight loss support  
Cymorth colled golwg lleol

## Gifts in Wills

Sight Life | Registered Charity 214131



# Gifts in Wills

## Peace of mind

Having a Will provides peace of mind, knowing that loved ones are supported and looked after, and that causes you care about benefit for years to come.

Without a Will, your estate or possessions could be distributed in a way that does not reflect your wishes.

You can update your Will or add to or alter an existing one at any time.

## Your choice

Sight Life advises that you speak to an independent solicitor when you make a Will. We also understand that your family and friends will and should be your priority when you make a Will.

Sight Life will never put you under any pressure to make a gift to us. If you do decide to leave a gift to Sight Life, we will use your gift wisely and in line with our charitable purposes.

## How Sight Life helps people

Sight Life (known as Cardiff Institute for the Blind until October 2019) enables blind and partially sighted people across South Wales to enjoy independent, active, social, and fulfilled lives. Originally established in 1865, we are one of the oldest charities in Wales.

Living with sight loss can be incredibly challenging, but with our support, blind and partially sighted people can continue living the lives they want. That can be something as simple as still being able to enjoy books and television.

It can be something essential like being able to safely cook meals and go shopping. It can be something important like being able to stay in work. Or it can be something personal like being able to continue doing sport and leisure activities.

The logo for Sight Life, featuring the word "Sight" in a bold, green, sans-serif font and the word "life" in a grey, lowercase, sans-serif font. The text is enclosed in a rounded rectangular border.

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# How Sight Life helps people

Sight loss can affect anyone at any age and can be devastating. It can lead to social isolation, poor physical and mental health, anxiety, and depression. With our help that need not be the case.

Our experienced and dedicated staff and volunteers take the fear out of sight loss and enable people to carry on living normal lives. We wouldn't be able to do this without the kindness of individual donors and organisations. Donations fund much of our work.



## Why help us?

One in five of us will have some degree of sight loss in our lives. Most of us fear losing our sight more than any other form of disability. Some of our service users would like to tell you how we help them:

“The support I have had has been tremendous – I don’t know how I would have managed. It is lovely to have a friendly phone call just asking if you are ok.”

“Sight Life’s workshop groups are brilliant, and I have learnt a lot. The guest speakers are good, and I am enjoying keeping in contact with everyone. I like to hear everybody’s voices. It cheers me up and makes me feel less isolated. Everyone is so wonderful and great.”

“It was lovely to have someone enquire as to how you are managing. Only a few people from organisations have contacted me. It’s nice to know someone cares. We are all in the same boat, but it can feel very lonely and isolated.”

## How You can help us

If Sight Life has touched your life, or someone you care about, please consider saying thank you by leaving a gift in your Will.

No matter the size of legacy you choose to leave, your kindness and generosity will enable Sight Life to transform lives.

We're thankful for any gift you leave to us in your Will, however big, small or unusual.

Leaving us a gift in your Will is a great way to support our work.

If you're unsure about where to start, we can help you find an independent solicitor near you. We will also try to answer any questions you may have about Sight Life.

The type and size of your gift is your choice. Donations in your Will can include:

- ❖ A share of your estate.
- ❖ A cash gift (known as a “pecuniary gift”).
- ❖ A specific gift. Over the years we've received everything from antique jewellery to a stream.
- ❖ A gift in trust.

# What to tell your solicitor

We will always advise you to obtain advice from an independent solicitor.

We would be happy to assist you find the right solicitor to help you.

Or you can use the Law Society's website to find a suitable practice.

<https://solicitors.lawsociety.org.uk/>

Your solicitor will advise you on the choices available and the form of words to use in your Will.

If you do decide to leave a gift to Sight Life, our details are:

Registered Charity number 214131  
(England and Wales)

**Address:**

Sight Life (operating name for Cardiff Institute for the Blind)  
Jones Court,  
Womanby Street,  
Cardiff CF10 1BR

You can email [ask@sightlife.wales](mailto:ask@sightlife.wales)  
or call us on **02920 2039 8900**.

Thank you!